

"Building Our Sense of Community"

Shelton State Courier

Issue 82

New Series Vol. 6, Number 8

Shelton State Community College

May 30, 2002 - June 26, 2002

Inside The Courier

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Baseball Honors outlined, pg. 4



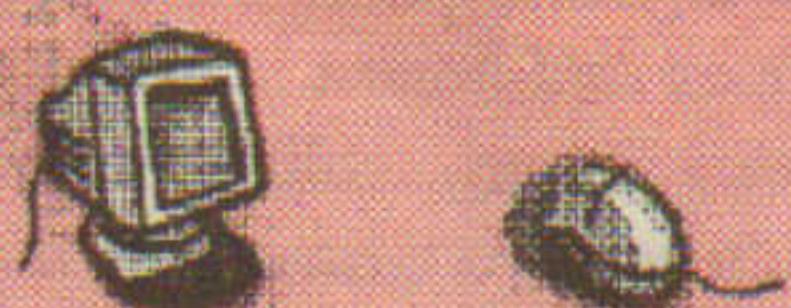
Future Issues

This is the eighth *Courier* of the year. We will publish 10 more issues this year. Let us know what you would like to know about Shelton by calling the publisher at 391-2278 or the *Courier* editorial office at 391-2406.

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Golf team claims championship

The numbers for the golf squad in the final round of the national tournament were as gaudy as professionals'—and they needed to be. Tied with two other colleges going in, the top four Shelton golfers shot one over par to win the Div. II junior college championship in Phoenix, Ariz. on May 24. The tournament was played at the Palm Valley Golf Club.

The Shelton team entered the final round tied with Tyler (Texas) Junior college and In-



Members of the Buccaneer national championship golf squad are (L-R) Will Taylor, Coach Gary Minor, Jason Davidson, Calle Andren, Pope Spruiell, David Rasco and Coach Matt Terry

dian Hills Community College of Ohio.

Leading the way was Ole Miss signee Pope Spruiell who shot a one-under 71. He was named All-America for the second year for his efforts. Also receiving national honors were Jason Davidson and Will Taylor, who each shot 73. Taylor will play for Southern Miss next year.

Calle Andren, heading to East Carolina, came through with an even-par 72 in the crucial final round.

Shelton celebrates end of school year

Shelton honored its outstanding students for the year during the college's annual Honors Night Ceremony held on May 7 in the Umphrey Center.

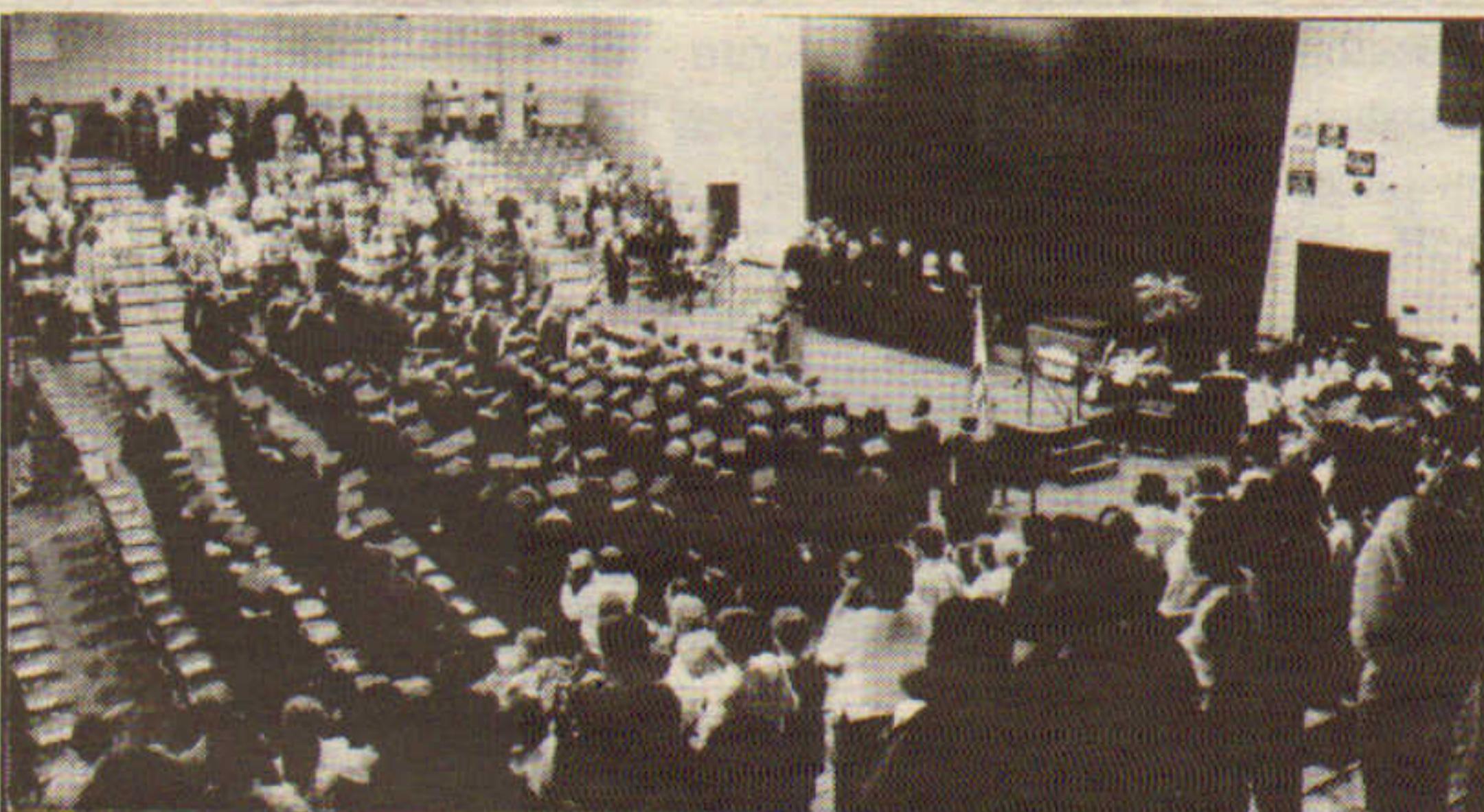
Ashley Brooke Booth of Northport was selected this year's recipient of the Leo Sumner Award, Shelton's highest honor. This award is named in honor of Leo Sumner, the first president of Shelton as a community college.

Booth graduated with a 4.0 GPA. Last year she was named Outstanding Freshman Student and currently serves as president of Phi Theta Kappa, national community college honorary. She is a Shelton State ambassador and was recently selected to the All-Alabama Academic Team.

The James B. Allen Award was given to Michael S. Hjelden of Gordo. This award is named after the late U.S. Senator James B. Allen. The recipient of the award is selected based on academic achievement and service to the college and community.

Hjelden leaves Shelton State with a 3.96 grade point

End cont'd on pg. 2



Honors Night and Graduation during early May are the occasions when Shelton faculty/staff, students and the community as a whole celebrate the accomplishments of their community college. Important parts of the celebration included (Top-Bottom, L-R) Ashley Brooke Booth receiving the Leo Sumner Award from Leo Sumner; thousands gathering for graduation ceremonies; Michael S. Hjelden received the James B. Allen award from Dean Humphrey Lee; William Blake Richards holding his Outstanding Technical Student Award; Aaron Andrew Quick being handed the Thomas E. Umphrey Outstanding Freshman Award from Lee; and Cindy Maregina Mallisham displaying her C.A. Fredd Incoming Freshman Award.

Gouge O'Life

By Ben Herdman

With the arrival of the summer comes the big health explosion. Everybody's crowding the tanning beds, exercising themselves to death, and starting the new miracle diet that appears in all the magazines.

I've never gone on a heavy diet, and I haven't had a tan in a decade, but some moderate exercise seemed like a good idea. So, I consulted a neighbor of mine, an aerobics instructor, about getting in shape. I told her I didn't want to do any heavy lifting or anything strenuous. I never wanted to be one of those big muscle heads with no neck and veins popping out of his arms. She suggested I try jogging for 30 minutes a day.

I never worked out a day in my life, and I've been a smoker for six years. Needless to say, if I were going to last 30 minutes I was going to need something to pep me up. So, I consumed three pots of coffee in the span of an hour and a half.

Okay, I was ready. My heart pounded so hard I thought my eyes were going to pop out of my skull.

I took off, running like a madman. Every ten minutes I stopped to do push-ups. I'm probably the only person you'll ever see doing push-ups and smoking at the same time.

My 30 minutes was up, but I was still energized by all that coffee. I decided to push the envelope and keep going.

I needed some theme music. I didn't own a portable cd or tape player, so I sang to myself.

"I'm a maniac! Maniac! That's for sure! And I'm running like I've never run before!"

I was on

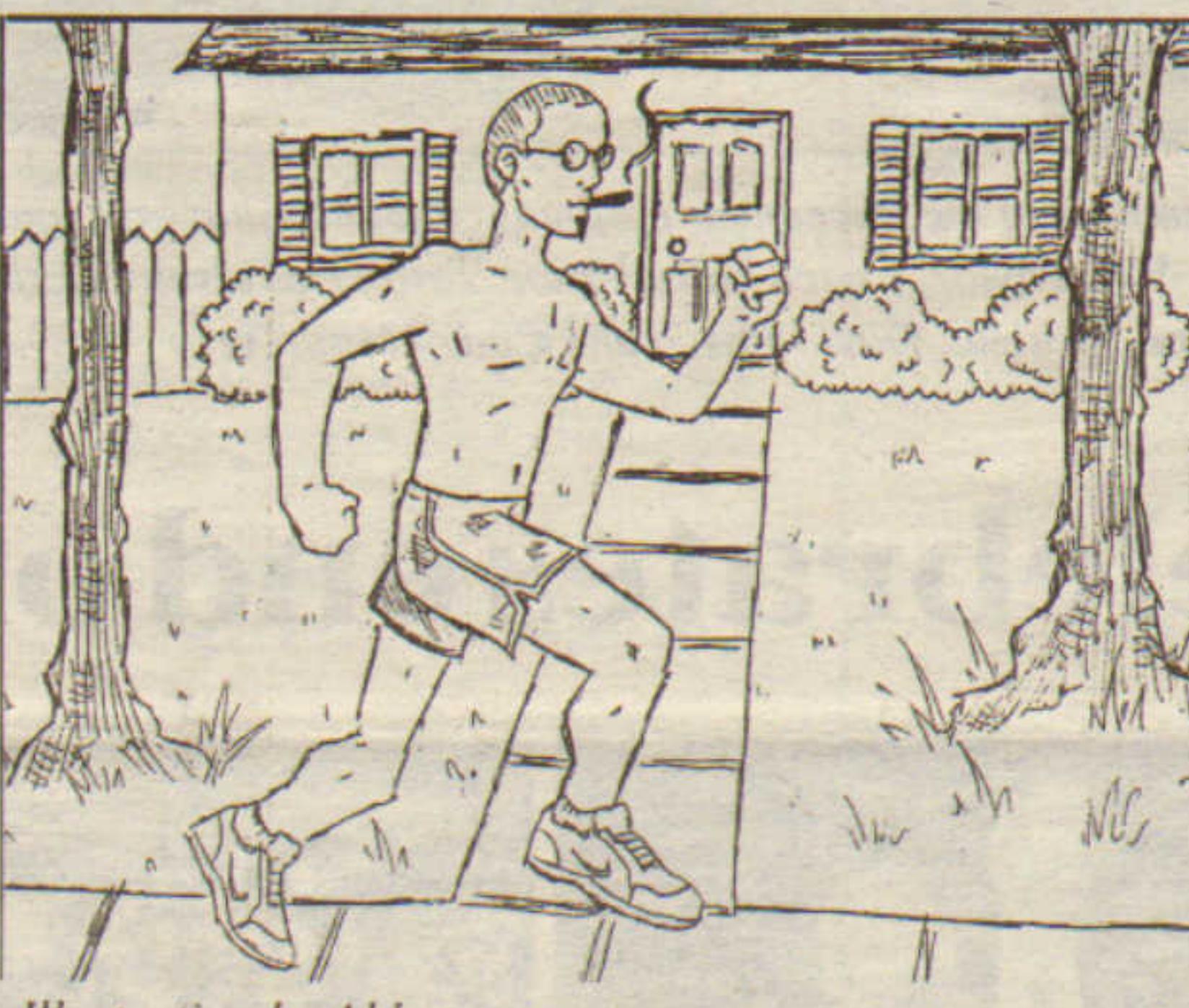


Illustration by Abbot

The Herdman Regimen

fire. Run, push-up, smoke, and again, run, push-up, smoke, sing. I was approaching 45 minutes. Run, push-up, smoke, sing.

I got back home and looked at my watch. An hour and ten minutes! Incredible. My formula had worked like a charm.

The next morning I woke up to continue my routine. I took one step out of bed and fell straight to the floor. I couldn't even move.

"Forget it," I said. Sitting on my butt and flipping channels is a lot less painful.

End cont'd from pg. 1

average. He is a member of Phi Theta Kappa and is the biology peer tutor in Shelton's learning center. He has been named to the National Dean's List two times and received the English Achievement Award for 2000-2001. He also graduated with

honors from the Naval School of Health Sciences, Hospital Corpsman.

This year's Outstanding Technical Student award went to William Blake Richards. The

End cont'd on pg. 3



Academic Dean Camille Cochrane congratulated students during her keynote address on Honors Night



Jennifer Leigh Keene received the I.W. Mitchell Award from former Fredd President Mitchell



Katrina Denise Bonner received the Norman C. Cephus Award from former Fredd President Cephus



The Outstanding Courier Writer Award went to Jonathan King, from the hands of Dean Lee

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"Keep Looking Up!"

By Dr. Lee Albritton



Jupiter and Venus share a warm embrace

Over the next couple of weeks, check out the western horizon above where the sun sets and you will see two very bright objects, Jupiter and Venus. Jupiter is the one higher in the sky and is located in the constellation Gemini.

Planets, of course, revolve around the sun, and it will be fun to watch these two as they

move closer together. Since Venus is the second planet from the sun with Jupiter being the fifth, it has a much shorter orbit than Jupiter and will appear to be moving much faster.

As a matter of fact, Venus will slowly catch Jupiter, and on the night of June 3, the two will be together in Gemini with Venus on the right of Jupiter.

To make sure that you have found Gemini simply look above Jupiter for two bright stars, Castor and Pollux. These stars are the heads of the twins.

Enjoy our great weather, keep looking up, be sure to observe the sunset on June 3, and catch Jupiter and Venus in some type of romantic encounter!

Shelton State Courier

Editor: Jenifer Wallace

Staff Writers: Members of the MCM 102—Introduction to Media Writing—class

Publisher: Dr. Jim Kenny

Business Manager: Jenifer Wallace

The *Shelton State Courier* is a "campus newspaper" written and produced with the help of students.

Among other functions, it is intended as a vehicle for student expression, and all students are

urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper:

"The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.

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T-Town bartender says bar scene makes you wonder...

By Danyelle Mewbourne

First of a Three-Part series

I came to Tuscaloosa from Birmingham in August of 2000. I didn't have much "college life" experience since I had been out of school two years and was already 22 years old. Naive, with some partying to get out of my system, I embarked on a journey that began on University Blvd., otherwise known as "The Strip."

It only took a couple of months before I found myself falling into the grip of the bar scene. Week by week I increased how often I went out, the amount of money spent and the beer I could consume. There was no avoiding it. It was almost like I had no control over this quest I was on. The fun, the music, new friends, cute boys and the alcohol. I watched the bartenders maneuver around one another serving my friends and me drinks. They had so much control over the bar and who got drinks when. Then one night, watching one of them count out tips at the Venue, I said "I've got to get a job bartending. How cool would that be?"

I started out on my application frenzy immediately. I knew that I wanted to bartend somewhere small because I had no experience. One night, I was in Jackie's Lounge for the first time with some of my friends. As fate would have it, Earl Hilyer the owner, offered me a job before I could even ask. As soon as he assured me he'd train me, I filled out my application.

School's End cont'd from pg. 2

recipient for this award is selected based on their accomplishments in the classroom and workplace. This award is named for Harold I. James, president of Shelton State Technical College, 1951-1976.

Richards lives in Millport and has a 3.64 grade point average with a major in electrical technology. In 2001 and 2002 he was named the Most Outstanding Electrical Technology Student. He transferred to Mississippi State University to pursue a Bachelor's degree in Trade and Technical Studies. He is a member of Phi Theta Kappa and Gamma Beta Phi National honor societies.

Aaron Andrew Quick was named the 2002 recipient of the Thomas E. Umphrey Outstanding Award. Dr. Umphrey was president of the college from 1988-2000. Quick has a 4.0 grade point average while at Shelton and is a member of Phi Theta Kappa. He is a Shelton State Ambassador and is also a United States Naval Reserve veteran. He is also the manager of Cafe Venice.

Three new awards were given this year to students on the C.A. Fredd Campus. These awards are named in honor of the three presidents of C.A. Fredd State Technical College.

Cindy Maregina Mallisham was named the 2002 recipient of the C.A. Fredd Sr. Incoming Freshman Award. This award is named for C.A. Fredd Sr., president of Fredd State, 1965-1976.

I began bartending Tuesday night around Valentine's Day of 2001. I caught on quickly, moved fast, and the customers loved that I took time to talk to them. With even more drinking buddies and a lot of cash in my pocket, I began drifting from my responsibilities. It began with me not taking care of my apartment like I once did—cleaning and getting bills paid on time. Then, it slowly seeped into my school-work. At first, I would get up tired and drag myself to class. Eventually, I just quit getting up. I attribute this to the fact that I gave in to the manipulation of my fellow bartenders. They had been begging me to go out with them after work for weeks when I finally gave in. This was the beginning of the end of any student success.

By giving in that one night, I fell into an addiction. We went out to the bars around 2:30 a.m. We were treated like V.I.P.'s everywhere we went. No cover to get into the bars, which until that time I didn't know was standard for bartenders. We got free drinks, which had extra liquor, kind of a bartender to bartender courtesy. Our shots were usually half price and we were always first to be served even over those who had been waiting.

This is what I mean by addiction. Who couldn't become addicted to being treated like royalty at one of the biggest and most popular party schools in the Southeast? Then I guess my head really started swelling when people started coming up to me saying, "Aren't you a bartender?" It was impressive

Mallisham graduated in May from Central High School in Tuscaloosa. At Central, she is the photo editor for the yearbook and treasurer for the Key Club. She is also a member of the Science Club, Drama Club and Tri-M Honor Society. She is a member of Central marching band and symphonic band.

The 2002 recipient of the I.W. Mitchell Award is Jennifer Leigh Keene. This award recognizes the outstanding student on the Fredd Campus and is named for I.W. Mitchell, president of Fredd State, 1976-1982.

Keene graduated from Shelton with a 3.4 grade point average and an associate in applied science degree in commercial art. She was vice president of communications for Phi Theta Kappa this year and vice president of public relations for the college's PTK chapter last year. She also volunteers with Turning Point, Big Brothers Big Sisters, Salvation Army, DCH Hospital and Cystic Fibrosis Foundation.

The Norman C. Cephus Special Achievement Award went to Katrina Denise Bonner. This award is named after Norman C. Cephus, president of Fredd State, 1982-1990.

Bonner lives in Tuscaloosa and completed her studies in Shelton's food service program. Her grade point average while at Shelton State was 3.7. She currently works as a retail sales representative with K-Mart in Northport.

how many people, especially cute boys, recognized me. Guys I barely knew and friends of mine started coming to my work to see me at night.

The thought of work is usually torture to most, but when your friends want to come hang out with you at work, you get the best of both worlds: money and fun. At what other job would anyone's friends want to sit during their off time? Excluding Hooters, I guess. Yes, everything was going great, or was it?

"Bar Scene" cont'd next issue

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Baseball team drops two to Bevill, but enjoys year of honors and scholarships

The Shelton State baseball team lost twice to Bevill State in the state playoffs, tallying a 3-2 playoff record and taking a third, according to head



Shelton's Ryan Beagle was named most valuable player for the AJCC

coach Bobby Sprowl. "We just ran into a good pitcher for the tournament. The kids played well, but you have to get hot in tournament time—and you have to get

a few breaks."

The Buccaneers produced a 209-4 league record this year, taking the regular season crown. Their overall record was 36-22.

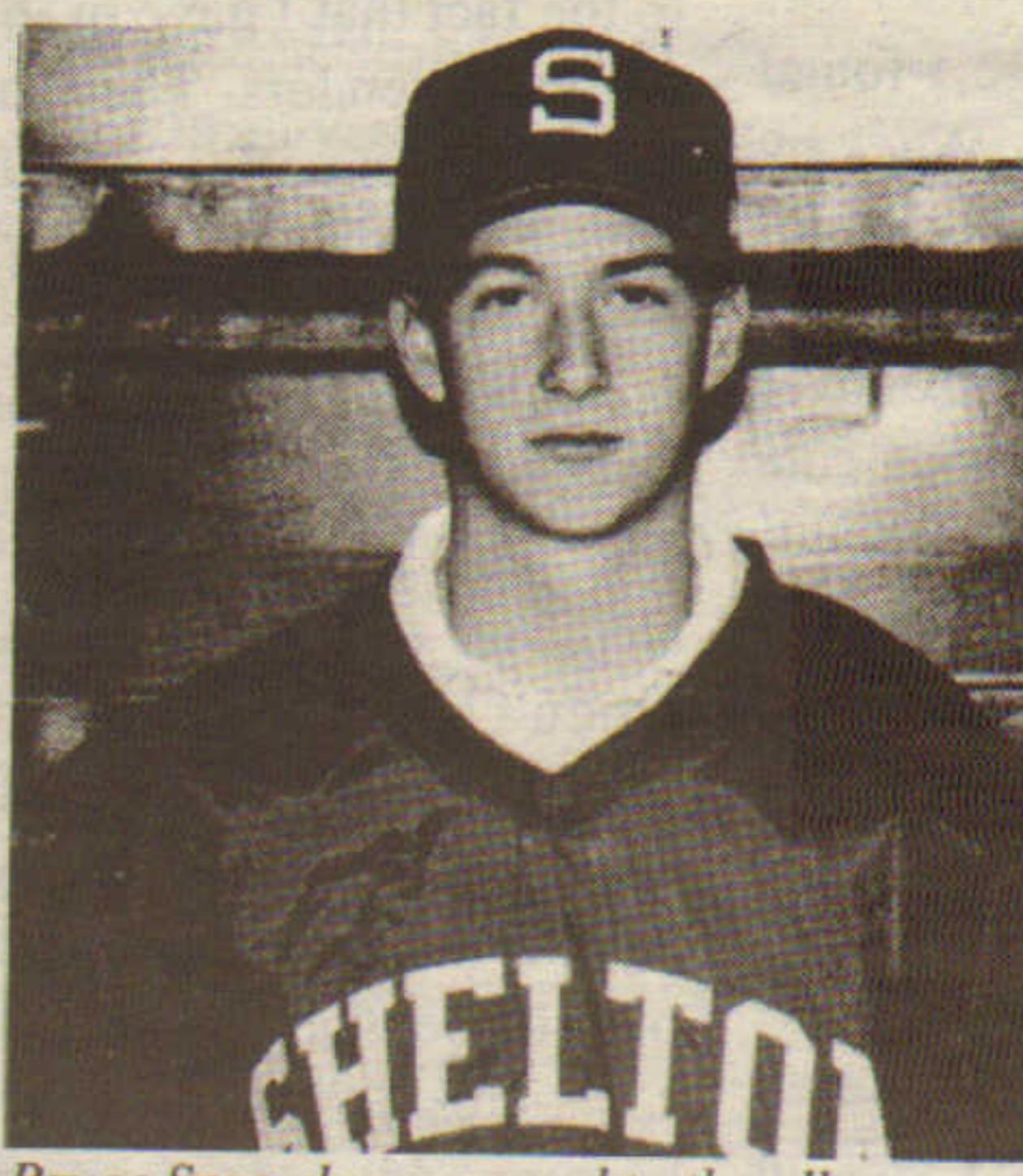
Named this year to the all-region, all-conference team were Eugene Rodriguez from Tampa; Bruce Sprowl from Knoxville, Tenn.; Ryan Beagle from Hueytown; and Austin Tubb from



Eugene Rodriguez was named to the all-conference team

Hoover.

Second team members were Chase Brown from Millbrook; Eric Edmondson



Bruce Sprowl was named to the all-conference team

from Hueytown; John Taylor from Northport; Jody Colvin from Oxford; Taylor Pontius from Huntsville; and Jacob Elmore from Jefferson.

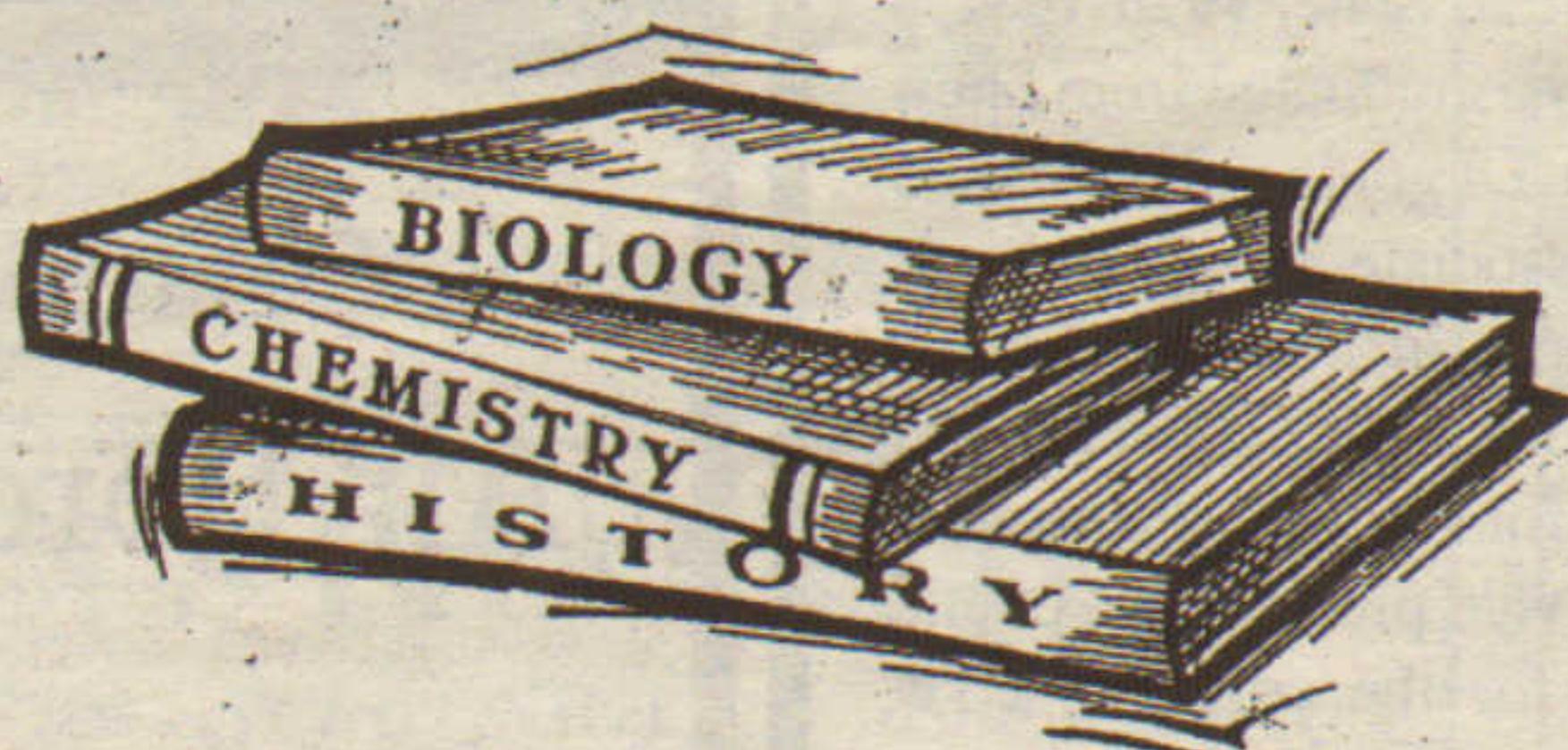
Shelton baseball players received a number of scholarships offers from four-year institutions. According to Sprowl,

these included pitcher Adam Price of Hueytown to the University of Alabama-Birmingham; pitcher John Taylor and pitcher-outfielder Ryan Beagle to the University of Alabama; catcher Jody Colvin to Auburn University-Montgomery; pitcher Austin Tubb to Southern Mississippi; pitcher Taylor Pontius to the University of Alabama-Huntsville; and Clint Chambliss to the University of West Alabama.

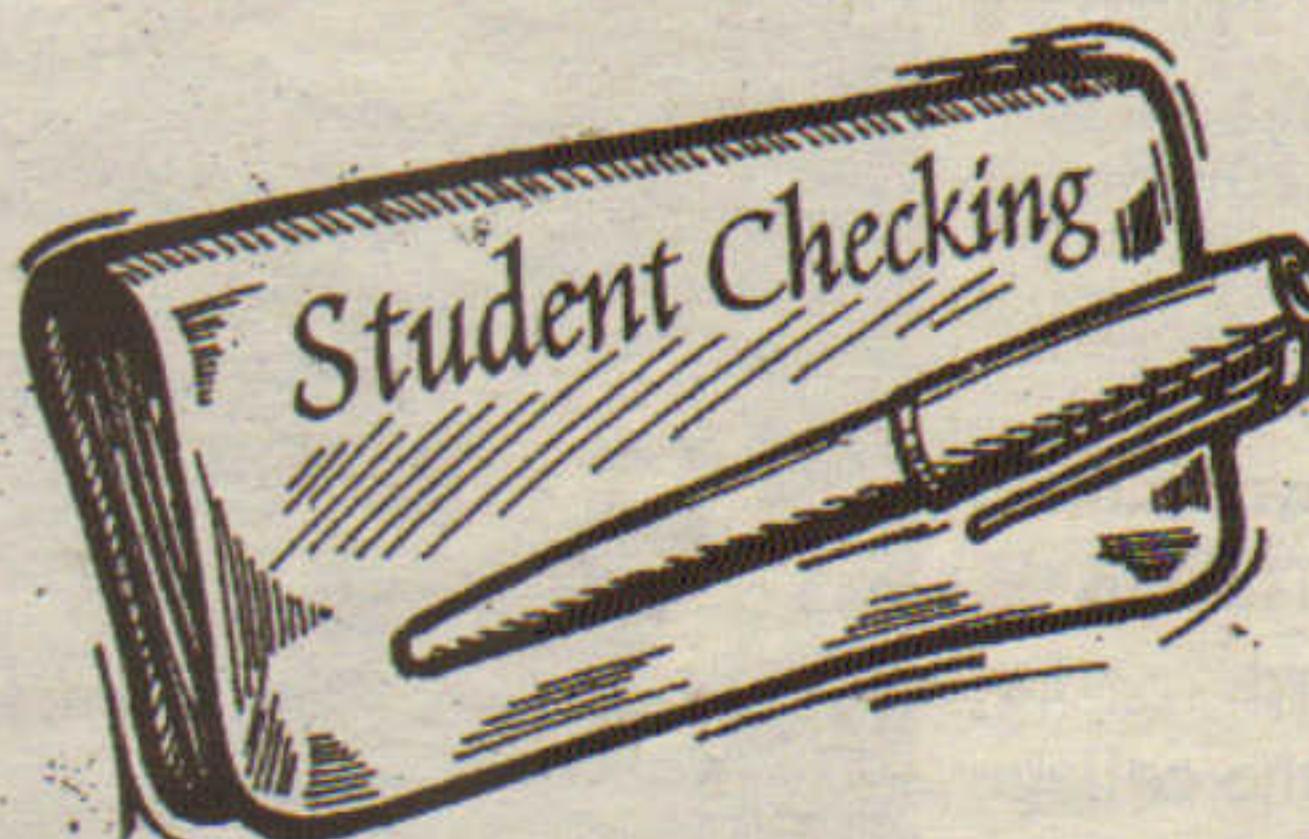


Austin Tubb was named to the all-conference team

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Culinary Reviews: Spotlight on new local restaurants

Sub Central

By Kristie Lyle

Sub Central restaurant provides a fresh alternative to national chain restaurants. Located in the Taylorville Corners Shopping Center, Sub Central is new to the Taylorville area. Owners John and Eric Smith opened Sub Central about a month ago. "We already have a restaurant in a smaller market, so we opened Sub Central to benefit a larger market. We like the Taylorville community, and it's also a growing community," John Brown said.

Sub Central faces fierce competition with the surrounding national chains, but the Smiths are prepared for these challenges. "The main challenge that we face is that our competitors have name recognition, but we feel that we offer a superior product," Brown said. Getting the word out about a new restaurant does have its difficulties. While national chains can advertise to wide audiences on television, Sub Central is gaining local attention. Brown said, "We are advertising through direct mailings, fliers, the *Shelton State Courier*,

and also some banners." Although there are challenges, Sub Central also has advantages.

"We feel that Sub Central offers a better quality product at similar prices, and in some cases, a much better price than those of our competitors. We use high quality meats and breads with a large selection of cheeses and sauces. Customers also have the option of having their sub sandwiches steam heated if they prefer it." Also, Eric Smith feels that customers will appreciate the personal touch that this deli provides.

One customer asked said, "I think that Sub Central's sandwiches did taste better than other deli's."

"I thought that the pizza sub tasted a lot better than Subway's, but the serving size was smaller," a former Shelton student said.

SubCentral offers sandwiches, salads, yogurt, and daily soup specials, and is open from 10:30 a.m. till 11 p.m. Monday thru Thursday; 10:30 a.m. till 11:30 p.m. Friday and Saturday, and 11:30 a.m. until 10 p.m. on Sundays.

Papa's College Custard

By Michael Sellers
and David Kone

Wisconsin's custard makes it to Tuscaloosa by way of Papa's College Custard. William Schuett decides to start his dream business of opening a custard shop with the help of friends Jason and Kristin Kveton.

When Schubert retired from banking he and Jason, who was executive chef of a four-star restaurant, decided to pick the location of Tuscaloosa for their new venture.

Schuett found his way here when looking for a new horse for his wife. They met some friends who loved the idea of a custard shop here, after trying his custard he did just that. Scheutt wanted to open the custard shop in a town that used the college's as its backbone, with small town family fun, but enough economic growth to succeed. They decided this was the place. "The main passion of the owner is to bring a quality product that families can enjoy," said Kristin Kveton the assistant manager of Papa's College Custard.

Papa's College Custard was the result—smooth Wisconsin-style frozen custard made daily here in Tuscaloosa next to Milo's on McFarland Blvd. The name "Papa" was what Schuett's grandchildren called him, so it just kind of stuck with him. One percent of all profits goes to the local colleges in the area. They also sell gourmet coffee, and any

variety of custard you can imagine.

Perhaps Wisconsin's best kept secret and tastiest is the variety of ice cream known as frozen custard. Milwaukee sells more frozen custard than anywhere else in the world. Custard is homemade ice cream, has to be made fresh daily, usually every couple of hours. "Custard is to Wisconsin as ribs are to Alabama," said Kristin Kveton. People in Wisconsin all have their own way of preparing it. It's the custard capital.

Traditional custard ice cream originated on Coney Island in 1919. It was sold as a carnival treat and quickly grew in popularity. In the coming years, custard could be found in Atlantic City and other east coast resort communities.

William Shuett dream can now be seen in Tuscaloosa off of Highway 82 by Milo's, another one is opening on highway 69 south in front of Shelton State. They hope to start a franchise so they can offer this Wisconsin-style custard to people all over the South. With more varieties of custard and toppings than you can choose, Papa's College Custard brings Wisconsin's best kept secret right into our hands.

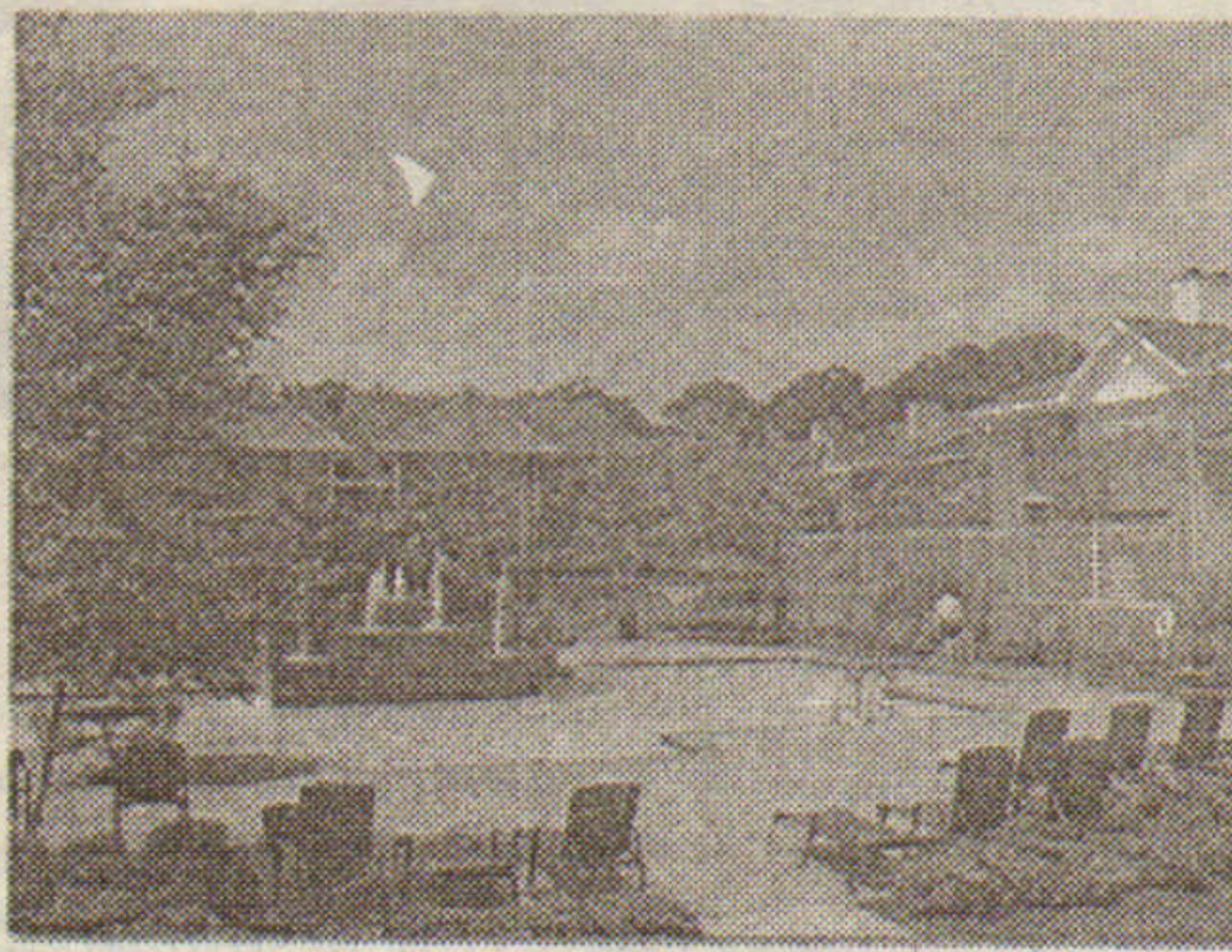
Papa will be opening their new

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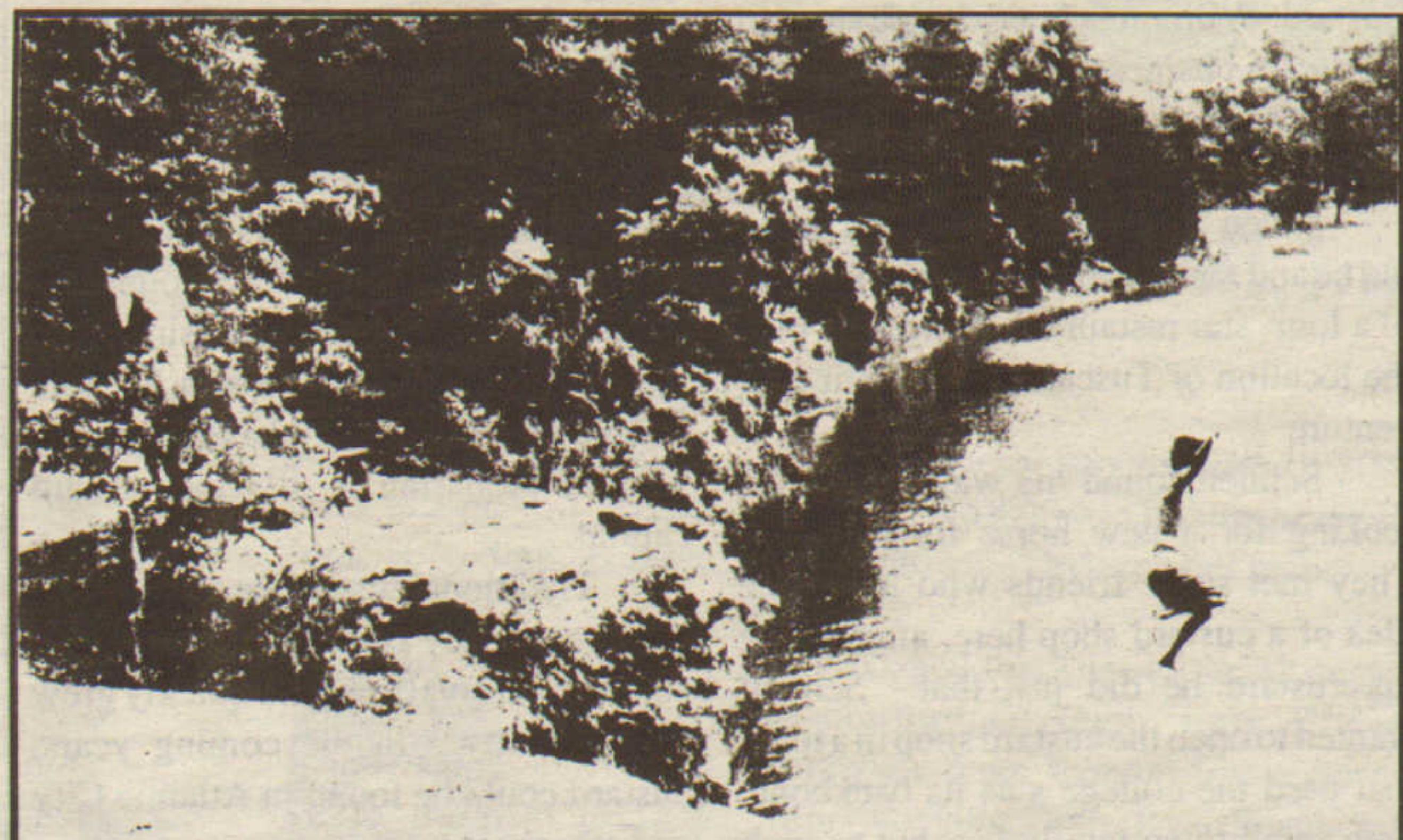
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Cliff jumping remains popular and dangerous



By Michael Smith

Summertime is always an exciting time of the year for college students. The weather is hot and students look for a cool spot to congregate and relax, preferably near a body of water. Lakes, rivers, swimming pools, and shady areas meet the criteria that they are looking for, but laying down in the shade doesn't fulfill their desires for summer fun.

Huge cliffs that have been weather-beaten pose for rough and ready diving

boards to jump from. Lake Tuscaloosa and smaller bodies of water that surround it offer cliffs like these to get on track. Lake Nichol's boat landing is surrounded by small amounts of cliffs ranging from 25 to 50 feet high, which are accessible by man-made trails.

Cliffs like these can be quite intimidating and dangerous for the novice or professional jumper. Lake Nichol's boat landing prohibits standing and jumping from the high cliffs, with signs posted on the property. "Danger High Cliffs Ahead Stay Away," and "No

Jumping From Cliffs," is what one sees on large, bright red signs posted on the trails. Cliff jumping is illegal and if one is caught by a law official a fine of \$200 can be imposed. Second-time offenders receive a higher fine, and jail time can be served.

Twenty-two-year-old Jack Zanthos has been jumping from these cliffs since he was a child. "My dad showed the cliffs to me when I was young. Diving off the cliffs is dangerous, but the adrenaline rush you get while you're in the air is exhilarating," said Zanthos.

Sixteen-year-old Aaron Dunn has been jumping off the cliffs since an early age, as well. Dunn said, "I've never been injured while cliff jumping."

Accidents do occur, though, from jumping high cliffs like these. Last summer a young girl injured herself cliff jumping. Tuscaloosa Fire Department officer, Billy Snider said, "The girl had broken her back on impact with the water."

Summer activities like cliff diving can be fun, but very dangerous. Breaking the law, paying fines, jail sentences, and serious injuries can happen while spending the summertime cliff jumping for fun. There are many other fun and safe summer events to take advantage of.

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Budget concerns deliver ax to child development program

By Michael Sellers

Shelton is losing a program dear to faculty, students, and staff. Due to the State of Alabama's financial woes, Shelton had to make the tough decision to discard the Child Development Program. The decision was not one that was easily made, but it was necessary.

The Child Development Program will no longer be offered to Shelton State faculty or students after Aug. 9. The Child Development Program has been a part of Shelton since 1983. The program now has seven full-time employees, one part time cook, 17 Shelton State work-study students, and five University of Alabama student interns.

With the statement through public relations spokeswoman Lucy Kubiszyn, Shelton State President Rick Rogers expressed his sympathy to those who will be without the services of the Child Development Program. President Rogers also adds that the decision to close the door on the childcare program was not an

easy one, but one that was made due to the economic concerns of the Alabama education system.

The State of Alabama has had budget concerns for the past few years. Alabama has been prorating the educational budget, causing numerous cut backs throughout the system. The economic downturn of the economy in the last few years has been the main contributor to the struggles of the education budget. Adding to the decision was a recent blow by Shelton's insurance provider to raise the premium from \$10,000 a year to \$100,000 a year.

Currently there are 46 children enrolled in the Shelton State Child Development Program. These 46 children will have to seek day care elsewhere. Even though the program has been operating at a loss for sometime now, Kubiszyn said, "If it were at all possible Shelton would love to keep the Child Development Program going, but it is just financially impossible."

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Culinary Reviews cont'd from pg. 5

location just in front of Shelton in the first week in July. Papa's Custard, of course offers custard, but the location by Shelton will offer sandwiches for lunch, and for you early risers espresso in the morning.

Custard is less fattening than ice cream. It contains less butterfat than ice cream. Less butter fat means fewer pounds for those who are watching their figures.

Papa's College Custard offers a wide variety of toppings, fat free, sorbets,

and most importantly the 'Crusher.' The most popular 'Crusher' is the butter pecan crusher.

They hope to meet some of those needs by offering espresso, cappuccino, lattes, and just standard coffee. This is not your mom or dad's Maxwell House however. The coffee beans used at Papa's are gourmet beans shipped from Wisconsin. Another way Papa's plan to cater to its customers is by offering a lunch menu. They will offer a variety of sandwiches, home cooked BBQ, and Kosher hotdogs.

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